Camper Connection Web Activity

Purpose:

Campers will be able to understand that others share their fears and understandings. This will lead to them feeling that they are a part of a larger community in the world.



Instructions:

Holding your bunk's ball of string, share one event that was meaningful to you during this session. (This event can be something that was funny, something that you learned from, something that surprised you, a moment of overcoming fear, a friendship gained, a new experience, etc.)

- 1. Anyone else in the bunk that shared a similar event is then asked to raise his or her hand.
- 2. Choose one of the campers who raised his/her hand and pass the ball of string to that camper. (The original person sharing should hold onto the end of the string so that they are connected by that string to the new camper that is sharing)
- 3. That new camper shares their event that was similar to the original speaker's event. After this, that camper then shares a new meaningful event from this session.
- 4. Repeat steps 2-4 until all campers have shared and the string runs from campers to camper in what will look like a web.
- 5. Counselor then debriefs the activity. (See debriefing notes)
- 6. Each camper then cuts a length of string that is connected to him or her and ties it around his or her wrist to make a bracelet.
- 7. The Counselor then facilitates the camper's understanding that this string bracelet is a tangible sign of their interconnectedness as part of a larger family of strangers and friends in the world. When they look at the bracelet, they are reminded that others will often have similar experiences. This similarity allows them to know that by trying new things and stepping outside of their comfort zone, they are never alone because of the experiences that they will then share with others who have done similar things.



Debriefing Notes:

Possible questions:

"Did you think that others had shared similar experiences?" **OR** "Why do you think that people often feel like others don't have similar experiences?"

"How does it make you feel to know that your friends from camp have learned/ experiences /felt the same things as you?" **Follow with...** "What are events in your everyday life away from camp that you think only happen to you?" **AND** "How does knowing that others will always share your experiences change how you will act in your everyday life?"

"How can you use your knowledge that others share your experiences to reach out and ask for help when you have troubles in life?" **AND** "How does asking for help from other who have experienced the same thing change how you will live your life?"